





Room Temperature



Breads, Lean



Baguette, Crusty Bread

AMAIZENG COCO-CORN BREAD

OVERVIEW

19-008

INGREDIENTS

Group 1

Ingredient	KG	%
Water	0.300	60.00
BAKELS MAIZE OPTIMA	0.500	100.00
Bread Flour	0.500	100.00
BAKELS PLATINUM INSTANT ACTIVE DRIED YEAST	0.010	2.00
Coconut Meat (from niyog)	0.300	60.00
Charcoal	-	-

Total Weight: 1.610

Yield: 4 loaves

METHOD

How to do it:





- 1. Burn wood or coconut shell charcoal for about 2 to 3 minutes.
- 2. Place the burned charcoal on the top of the grated coconut meat to infuse the flavor of the coal, and let it cool.
- 3. Add 200 to 250 grams of water and extract the coconut milk. Strain.
- 4. In a mixing bowl dry mix Bakels Maize Optima, bread flour, and Bakels Instant Active Dry Yeast for 3 minutes at low speed.
- 5. Add charcoal-infused coconut milk and continue mixing at high speed for about 6 to
- 7 minutes or until dough is well-developed.
- 6. Allow the dough to rest for 20 to 25 minutes.
- 7. Divide the dough into 400-gram portions for loaf-type kind of panning.
- 8. Proof.
- 9. Bake at 180°C.
- 10. Let it cool and enjoy!