

APPLE SEED BREAD

OVERVIEW

06-003

INGREDIENTS

Group Bread

Ingredient	KG	%
Bread Flour	0.500	100.00
Multiseed Bread Concentrate	0.500	100.00
BAKELS PLATINUM INSTANT ACTIVE DRIED YEAST	0.010	2.00
Water	0.500	100.00
	Total Weight: 1.510	

Group Filling

Ingredient	KG	%
BAKELS LES FRUITS 50% APPLE	0.200	-
	Total Weight: 0.200	

Yield: 3.8 pieces x 400g

METHOD

How to do it:

- 1. Place all ingredients in a spiral mixer bowl except filling and develop thoroughly (2 min on slow, 6 min on top speed).
- 2. Scale at 400g each and rest for 10 minutes.
- 3. Add approximately 50g Les Fruits Apple into the prepared dough. Design the prepared dough if desired.
- 4. Proof for 45-60 minutes.
- 5. Bake at 220°C for 20 minutes with steam injected into the oven.



Room Temperature



Breads, Sweet