

BOAT TARTS

OVERVIEW

10-081

INGREDIENTS

Group Crust

Ingredient	KG	%
Cake Flour	0.100	100.00
BAKELS MARGARINE SPECIAL	0.033	33.40
Sugar	0.067	66.80
Eggs	0.050	50.00
	-	

Total Weight: 0.250

Group Filling

Ingredient	KG	%
BAKELS BAKE STABLE CUSTARD MIX	-	100.00
Water	-	300.00
BAKELS LES FRUITS Fruit Fillings	-	-
	Total Weight: 0.000	

Group Glaze

Ingredient	KG	%
BAKELS SAPHIRE NEUTRAL	-	100.00
Water	-	50.00
	Total Weight: 0.000	

METHOD

How to do it:

Crust:

- 1. Mix cake flour and Bakels Margarine Special by hand until the mixture appears crumbly.
- 2. Add sugar and blend well.
- 3. Add eggs and knead until it forms a dough. Do not develop the dough.
- 4. Rest for 5 minutes.
- 5. Sheet the dough to about 1/8-inch thickness and mold onto greased, fluted tins.
- 6. Put holes on the base of the unbaked tart shells by using a fork.
- 7. Bake at 180°C for 5 minutes or until done.

Filling

- 1. Combine Bakels Custard Mix and water in a mixing bowl.
- 2. Whisk on high speed for 3 minutes.

Glaze

- 1. Combine Saphire Neutral and water in a saucepan.
- 2. Heat until 95°C, then cool to 80°C.

Assembly:

- 1. Put custard inside the tart shells until half-full.
- 2. Place Les Fruits Fruit Fillings on top of the custard.



Room Temperature



Pastries, Tart



FINISHED PRODUCT

Tart





3. Pour glaze.