





Room Temperature



CATEGORY

Breads, Semi-sweet



FINISHED PRODUCT

Sweet Food

CEREAL AND HONEY BREAD

OVERVIEW

18-016

INGREDIENTS

Group Bread

Ingredient	KG	%
Bread Flour	1.000	100.00
BAKELS CEREAL AND HONEY BREAD CONCENTRATE	1.000	100.00
BAKELS PLATINUM INSTANT ACTIVE DRIED YEAST	0.020	2.00
Water	1.050	105.00
Oil	0.020	2.00
	Total Weight: 3.090	

Yield: 8 pieces x 350g

METHOD

How to do it:





- 1. Combine all ingredients in a spiral mixer except oil and mix on low speed for 2 minutes.
- 2. Add oil. Shift to high speed and mix for 5 minutes or until dough is developed.
- 3. Scale to 450g. Round and rest for 10 minutes.
- 4. Mold into desired shapes and place on greased flat sheets.
- 5. Proof.
- 6. Bake at 180°C until done.