





Room Temperature



Breads, Semi-sweet



Sweet Food

# **CEREAL CRANBERRY BITES**

## **OVERVIEW**

18-017

## **INGREDIENTS**

#### **Group Dough**

| Ingredient                                    | KG                  | %     |
|---|---------------------|-------|
| All Purpose Flour                             | 0.300               | 60.00 |
| BAKELS CEREAL AND HONEY BREAD CONCENTRATE     | 0.200               | 40.00 |
| Sugar   | 0.020               | 4.00  |
| BAKELS PLATINUM INSTANT ACTIVE DRIED<br>YEAST | 0.008               | 1.50  |
| Cold water                                    | 0.265               | 53.00 |
| BAKELS SHORTENING                             | 0.010               | 2.00  |
| Layering fat                                  | 0.225               | 45.00 |
|   | Total Weight: 1.028 |       |





#### **Group Filling**

| Ingredient                       | KG                  | % |
|----------------------------------|---------------------|---|
| Mozzarella cheese (cubed)        | 0.143               | - |
| BAKELS LES FRUITS 50% STRAWBERRY | 0.667               | - |
| Dried rosemary                   | 0.002               | - |
|                                  | Total Weight: 0.812 |   |

Yield: 57 pieces x 17.8g (average weight per piece)

### **METHOD**

How to do it:

- 1. Combine all purpose flour, Bakels Cereal & Honey Bread Concentrate, sugar, and Bakels Instant Yeast in a mixing bowl. Mix on low speed for 30 seconds.
- 2. Add cold water. Mix on low speed for 2 minutes.
- ${\it 3. Add Bakels Shortening and mix on high speed for 4 minutes or until partially developed.}\\$
- 4. Rest dough in the refrigerator for 20 minutes while covered with plastic.
- 5. Incorporate the layering fat using the French method.
- 6. Give the dough a total of three (single) folds. Allow a 30-minute rest between folds.
- 7. After the last fold, allow the dough to rest for 30 minutes before the final sheeting.
- 8. Sheet to a final thickness of 4mm. Cut into 2.25"x2.25" squares.
- 9. Place the laminated dough squares in 1oz. cupcake tins.
- 10. Proof for 15-20 minutes.
- 11. Remove from the proofer and apply egg wash.
- 12. Place approximately 2.5g mozzarella cheese cube, 11.7g Les Fruits Cranberry 50% and 0.04g dried rosemary in each dough.
- 13. Bake at 220°C for 25-30 minutes or until the dough is golden brown.
- 14. Serve hot.