

CHIA CINNAMON ROLLS

OVERVIEW

14-019

INGREDIENTS

Group 1

Ingredient	KG	%
All Purpose Flour	0.500	50.00
BAKELS CHIA SEED BREAD CONCENTRATE	0.500	50.00
BAKELS PLATINUM INSTANT ACTIVE DRIED YEAST	0.020	2.00
Sugar	0.220	22.00
Water	0.250	25.00
Evaporated Milk	0.205	20.50
Egg Yolk	0.090	9.00
Butter	0.150	15.00
	Total Weight: 1.935	

Group 2

Ingredient	KG	%
Brown Sugar	0.140	-
Cinnamon powder	24.000	-
Salt	4.000	-
Butter (softened)	0.080	-

Total Weight: 28.220

Yield: 27 pieces, 70g dough

METHOD

How to do it:

- 1. Mix all the dry ingredients on low speed for 30 seconds.
- 2. Add water, evaporated milk, and egg yolks. Mix on low speed for 2 minutes.
- 3. Add butter and mix on high speed for 10-15 minutes or until developed.
- 4. Round and rest for 10 minutes.
- 5. Flatten the dough into a rectangle.
- 6. Brush with softened butter.
- 7. Combine brown sugar, cinnamon powder, and salt. Sprinkle evenly on top of the flattened dough.
- 8. Roll the dough and seal.
- 9. Cut the dough log into 70-g pieces. Place in greased square pans.
- 10. Proof.
- 11. Apply eggwash and bake at 180°C until golden brown.



Room Temperature



Breads, Sweet



FINISHED PRODUCT

Soft Roll