

# **FLUFFY MAMON**

## **OVERVIEW**

16-041

## **INGREDIENTS**

#### **Group Mamon**

| Ingredient            | KG                  | %      |
|-----------------------|---------------------|--------|
| Chiffon Oil           | 0.600               | 60.00  |
| Egg Yolk              | 0.450               | 45.00  |
| Water                 | 0.600               | 60.00  |
| Granulated Sugar      | 0.375               | 38.00  |
| Cake Flour            | 1.000               | 100.00 |
| BAKELS MONOFRESH PLUS | 0.008               | 0.80   |
| BAKELS BAKING POWDER  | 0.030               | 3.00   |
|                       | Total Weight: 3.063 |        |

#### **Group Filling**

| Ingredient       | KG    | %     |
|------------------|-------|-------|
| Egg white        | 0.800 | 80.00 |
| Cream of tartar  | 0.003 | 0.30  |
| Granulated Sugar | 0.375 | 37.50 |

Total Weight: 1.178

Yield: 47 pieces

## **METHOD**

How to do it:

#### Batter:

- 1. Place chiffon oil, egg yolks and water in a mixing bowl.
- 2. Using a paddle attachment, blend on low speed for approximately 3 minutes.
- 3. In a separate bowl, mix the granulated sugar, cake flour, Monofresh and Bakels Baking Powder.
- 4. Add the dry ingredients into the bowl of wet ingredients and mix on low speed for 1 minute.
- 5. Scrape down and mix on medium speed for 2-3 minutes. Set aside.
- 6. In a clean mixing bowl. Place egg whites and cream of tartar.
- 7. Using a wire whisk, mix on medium to high speed for approximately 5-6 minutes while adding the granulated sugar gradually or in 3 parts. Whisk until it reaches medium peak.
- 8. Fold the beaten egg white in the cake batter in 3 parts.
- 9. Drop the batter in the prepared ensaymada tin with muffin liners.
- 10.Bake at 180°C for 20-25 minutes until done.



Room Temperature



Breads, Sweet



FINISHED PRODUCT

Soft Roll, Sweet Food