

GLUTEN FREE FRIANDS

OVERVIEW

14-010

INGREDIENTS

Group Friands

Ingredient	KG	%
BAKELS GLUTEN FREE HEALTH PASTRY MIX	2.000	100.00
Butter (softened)	0.880	44.00
Water	0.760	38.00
Total Weight: 3.640		

Yield: 52 pieces x 70g

METHOD

How to do it:

1. Soften or slightly melt butter.
2. Add all ingredients to a mixing bowl
3. Using a paddle, mix on first speed for 1 min.
4. Scrape down
5. Mix for 4 mins on second speed.
6. Deposit 70g into friand tins.
7. Bake at 180C
8. Let friands set before removing from tins

NOTE: For filled friands, inject Bakels Fruit Fillings into the batter prior to baking.



DISPLAY CONDITIONS

Room Temperature



CATEGORY

Cakes, Specialty



FINISHED PRODUCT

Cake