

# **JAGGED BREAD**

## **OVERVIEW**

13-031

## **INGREDIENTS**

#### **Group Poolish**

Ingredient	KG	%
Bread Flour	0.399	100.00
Water (23-25°C)	0.399	100.00
BAKELS PLATINUM INSTANT ACTIVE DRIED YEAST	0.003	0.75
	Total Weight: 0.800	

#### **Group Dough**

Ingredient	KG	%
Bread Flour	1.600	100.00
Cold water	0.820	51.00
BAKELS PLATINUM INSTANT ACTIVE DRIED YEAST	0.020	1.25
Vegetable Oil	0.080	5.00
Salt	0.050	3.10
	Total Weight: 2.570	

### **METHOD**

How to do it:

#### POOLISH:

- 1. Combine all ingredients.
- 2. Mix at low speed for 1 min then mix at 2nd speed for 2 mins.
- 3. Target Poolish temperature is 24?C.
- 4. Transfer poolish in a container with enough room for polish to rise.
- 5. Ferment poolish at room temperature for 60 mins.
- 6. Store polish in a cool area at 5?C. Poolish may be stored up to 48 hours.
- 7. Maturation process is finished when a fine bubble formation shows on the surface.

#### DOUGH: (Target dough temp = 24°C)

- 1. Combine bread flour, water, yeast and poolish in a mixing bowl.
- 2. Mix at low speed for 2 mins. then add vegetable oil.
- 3. Continue mixing at 1st speed for another 8-10 mins. until almost developed.
- 4. Add salt then mix at 2nd speed for 2-4 mins until fully developed.
- 5. Ferment for 60 mins.
- 6. Scale to 80 gms and round.
- 7. Mold into tear drop shape. Eggwash and dip into different toppings.
- 8. Place dough with different toppings alternately on wax paper lined baking sheets with seams on the bottom.
- 9. Rest at room temperature for 30 mins.
- 10. Bake with steam at 250?C for 10 mins. Open the damper and lower the baking temperature to 210?C and continue baking for 10 mins.



Room Temperature



Artisan Breads, Crusty Rolls



**FINISHED PRODUCT** 

Crusty Bread