

MANGO-KIWI FRUIT LEATHER

OVERVIEW

17-013

INGREDIENTS

Group 1

 Ingredient
 KG

 Ripe mangoes (diced)
 0.286

 BAKELS LES FRUITS 50% KIWI
 0.250

 Refined Sugar
 0.011

 Lemon Juice
 0.014

 Total Weight: 0.561

Yield: 28 pieces x 20g

METHOD

How to do it:

- 1. Pour diced mangoes and Les Fruits 50% Kiwi in a food processor and blend until the mixture appears homogeneous.
- 2. Pour the mixture into a saucepan. Add sugar and lemon juice. Cook over medium heat until the mixture slightly thickens (approximately 15-20 minutes).
- 3. Pour onto a silicone mat-lined flat sheet and spread thinly using an angled spatula until about 1/4" thick.
- 4. Bake at 100°C for about 2-4 hours or until the surface has become dry but still slightly sticky. Do not wait for the mixture to dry completely in the oven as it may become brittle.
- 5. Remove from the oven.
- 6. Place a sheet of wax paper on the surface. Flip it over and peel off the silicone mat carefully. Cut the fruit leather into 20g pieces and roll. Secure with a string.



Chilled



Desserts, Specialty



FINISHED PRODUCT

Dessert