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PEANUT BUTTER & JELLY PILLOWS

OVERVIEW

17-069

INGREDIENTS

Group Bread KG APITO SOFT DONUT MIX 0.250 BAKELS PLATINUM INSTANT ACTIVE DRIED 0.003 YEAST Cold water 0.106 Total Weight: 0.359 **Group Filling** Ingredient KG Peanut butter (frozen) 0.080 BAKELS LES FRUITS 50% STRAWBERRY 0.100 Total Weight: 0.180

Group Dusting

Ingredient	KG	
Powdered sugar	0.010	
	Total Weight: 0.010	

Yield: 16 pieces x 20 grams dough weight

METHOD

How to do it:

1. Prepare the peanut butter filling by scooping out 7 gram balls and putting it in the freezer. Allow the peanut butter to harden.

2. Mix Apito Soft Donut Mix, Bakels Instant Active Dry Yeast and cold water in a mixing bowl. Mix until the dough is well developed.

3. Cover and rest dough for 10 minutes.

4. Sheet the dough using a rolling pin or sheeter at 3 mm. The desired dough shape is rectangular.

5. Cover the dough with plastic and allow it to rest for another 10 minutes.

6. Cut the dough approximately 33" x 6". Add in the filling in the middle of the dough (approximately 7 grams peanut butter and 9 grams Les Fruits 50% Strawberry). Spacing out enough for the next pillow to be filled. Brush the open seams with egg wash prior to folding over. Fold over the dough until both ends meet.

7. There would be 3 open seams, seal the seams of the dough using a fork.

8. Poke the top of the dough with small holes.

9. Place the dough on a greased tray.

10. Proof for 30-40 minutes.

11. Brush with egg wash.

12. Bake at 200°C for 10-12 minutes.

13. Dust with powdered sugar before serving.



DISPLAY CONDITIONS

Room Temperature



CATEGORY

Breads, Sweet



FINISHED PRODUCT

Sweet Food