

STANDARD LOAF BREAD

OVERVIEW

06-088

INGREDIENTS

Group Loaf

Ingredient	KG	%
Bread Flour	0.500	100.00
Water	0.250	50.00
BAKELS SWEET DOUGH BLEND	0.100	20.00
BAKELS PLATINUM INSTANT ACTIVE DRIED YEAST	0.004	0.80
BAKELS SHORTENING	0.020	4.00
	Total Weight: 0.874	

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Yield: 2 x 400-g dough

METHOD

How to do it:

- 1. Dry mix flour, Bakels Sweet Dough Blend and Bakels Instant Yeast for 30 seconds. Add water and mix at slow speed for 2 minutes
- 2. Add Bakels Shortening and mix for about 5 minutes or until dough is well-developed.
- 3. Measure dough temperature.
- 4. Divide and scale into 400-g pieces. Round, cover and rest for 10 minutes.
- 5. Mold and place dough in well-greased loaf pans.
- 6. Proof (use template to check if adequately proofed prior to baking).
- 7. Bake at 180°C for 28 minutes. Remove immediately from the pan and let cool completely before packing.



Room Temperature



Breads, Sweet