

STRAWBERRY ICE CREAM

OVERVIEW

14-021

INGREDIENTS

Group Cheesecaike

Ingredient	KG
Egg Yolk	0.076
Fresh Milk	0.250
Heavy Cream	0.250
Refined Sugar	0.100
APITO STRAWBERRY PASTE	0.012
	Total Weight: 0.688

Yield: Depends on the capacity of the equipment to aerate the mixture. Better aeration means bigger volume and more yield.

METHOD

How to do it:

- 1. Heat milk until just boiling.
- 2. Whisk egg yolks and sugar together.
- 3. Whisk in the heated milk.
- 4. Pour mixture back in the pan. Heat over medium heat until thick. Do not boil.
- 5. Stir in cream and Apito Strawberry Paste.
- 6. Chill for a maximum of two hours.
- 7. Freeze for 30 minutes.
- 8. Remove from freezer and beat using a paddle until creamy.
- 9. Return to freezer.
- 10. Repeat steps 7 to 9 twice.
- 11. Freeze until solid.

Note: Milk powder and water may be used to replace fresh milk.



Frozen



Desserts, Ice creams