

# **TARTE MIRLITON**

## **OVERVIEW**

11-067

## **INGREDIENTS**

#### **Group Sugar Dough**

Ingredient	KG	%
Refrigerated margarine	0.150	48.39
Sugar	0.065	20.97
Eggs	0.050	16.13
Salt	0.003	0.80
All Purpose Flour	0.310	100.00
	Total Weight: 0.578	

#### **Group Coconut Cream**

Ingredient	KG	%
Sugar	0.050	-
Condensed Milk	0.150	-
Desiccated Coconut	0.125	-
APITO BUTTA VANILLA ESSENCE	0.002	-
BAKELS BAKE STABLE CUSTARD MIX	0.500	-
	Total Weight: 0.827	

#### **Group Custard Cream**

Ingredient	KG	%
BAKELS BAKE STABLE CUSTARD MIX	0.100	-
Water	0.400	-
	Total Weight: 0.500	

## **Group French Meringue**

Ingredient	KG	%
Actiwhite	0.015	-
Cold water	0.150	-
Sugar	0.225	-
	Total Weight: 0.390	

#### **Group Topping**

Ingredient	KG	%
Gourmet Raspberry with Seeds Jam	0.300	-
	Total Weight: 0.300	

Yield: 2 pieces

### **METHOD**

How to do it:



Chilled



CATEGORY

Pastries, Tart



FINISHED PRODUCT

Tart



#### Sugar Dough:

- 1. Cream refrigerated margarine, sugar and salt until light in color.
- 2. Add egg alternately with the flour until well-blended.
- 3. Refrigerate for 3 to 4 hours.

#### **Custard Cream:**

- 1. Combine Bakels Bake-Stable Custard Cream and water in a mixing bowl.
- 2. Whip on high speed for 3 minutes or until desired consistency is achieved.

#### Coconut Cream

- 1. Combine 500g of custard cream with Group 2 ingredients until well-blended.
- 2. Set aside.

#### French Meringue:

- 1. Soak Actiwhite in cold water for 10 minutes.
- 2. Whip Actiwhite solution.
- 3. Gradually add sugar until medium peak.

#### Assembly:

- 1. Sheet the sugar dough using rolling pin until 1/4 inch thick.
- 2. Place in an egg pie plate/pan.
- 3. Spread Frutojam Gourmet Raspberry evenly followed by the coconut cream filling.
- 4. Bake at 180°C for 30-45 minutes.
- 5. Cool then remove from the pan.
- 6. Decorate using French Meringue.