

# **VARIOUS MOUSSES**

# **OVERVIEW**

16-007

## **INGREDIENTS**

#### **Group Chocolate Mousse**

Ingredient	KG	%
Chocolate Mousse Mix	0.200	100.00
Water (approx. 25°C)	0.250	125.00
All Purpose Cream	0.900	450.00
	Total Weight: 1.350	

#### **Group Tiramisu Mousse**

Ingredient	KG	%
Tiramisu Mousse Mix	0.200	100.00
Water (approx. 25°C)	0.250	125.00
All Purpose Cream	0.900	450.00
	Total Weight: 1.350	

#### **Group Plain Mousse**

Ingredient	KG	%
Neutral Mousse Mix	0.200	100.00
Water (approx. 25°C)	0.250	125.00
All Purpose Cream	0.900	450.00
	Total Weight: 1.350	

#### **Group Lemon Mousse**

Ingredient	KG	%
Neutral Mousse Mix	0.200	100.00
Water (approx. 25°C)	0.250	125.00
All Purpose Cream	0.450	225.00
BAKELS WHIP-BRITE WHIPPED TOPPING POWDER	0.225	112.50
Cold water	0.225	112.50
APITO LEMON PASTE	0.015	1.11
	Total Weight: 1.365	

Yield: 27 pieces x 50g

# **METHOD**

How to do it:

For Chocolate Mousse, Tiramisu Mousse, Plain Mousse:

- 1. Using a wire whisk, whip all purpose cream on high speed for 5 minutes. Keep in chilled storage.
- 2. In a separate mixing bowl, combine Mousse Mix and water. Using a wire whisk, mix on high speed until well-combined. Do not allow mixture to set. Consistency should be slightly thick but still flowy.
- 3. Fold the mousse mixture in the whipped cream.



Chilled



Mousses



## FINISHED PRODUCT

Dessert, Sweet Food



- 4. Transfer the mixture into a piping bag fitted with tip.
- 5. Deposit into shot glasses and freeze until set.

#### Lemon Mousse:

- 1. Using a wire whisk, whip all purpose cream on high speed for 5 minutes. Keep in chilled storage.
- 2. In a separate mixing bowl, combine Whip Brite and cold water. Whip on high speed for 5 minutes. Fold Whip Brite mixture in all purpose cream. Keep in chilled storage.
- 3. In a separate mixing bowl, combine Mousse Mix and water. Using a wire whisk, mix on high speed until well-combined. Do not allow mixture to set. Consistency should be slightly thick but still flowy.
- 4. Fold the mousse mixture in the Whip Brite-cream mixture. Fold in Apito Lemon Paste.
- 5. Transfer the mixture into a piping bag fitted with tip.
- 6. Deposit into shot glasses and freeze until set.